

# fāveur

MONTRÉAL

SIMPLE RECIPES  
FOR NATURAL LAUNDRY  
AND HOUSE CLEANING

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## SUZANNE'S SIMPLE LAUNDRY POWDER

### INGREDIENTS

120g or 1 large cup FAVEUR organic grated household soap  
1 cup washing soda (sodium carbonate, not to be confused with sodium bicarbonate/baking soda)  
1 cup borax (you can also replace borax with a 2nd cup of washing soda)

### PREPARATION

Put household grated soap and washing soda in food processor and reduce to powder. Wait approx. 5 minutes before removing cover - soap powder can irritate respiratory tract. Transfer to a container with tight lid, add borax and mix well.

### HOW TO USE

Add 1-2 tablespoons (HE washing machine) or 2-3 tablespoons (vertical load washing machine) directly on clothes. Wash as usual. Borax does not dissolve in cold water. For best results, use warm water. RINSE with 1/2 to 1 cup of white vinegar, which eliminates soap scum and helps reduce static (the smell of vinegar disappears completely after drying).

### ADDITIVES

For very dirty laundry, add 1/3 to 1/2 cup of washing soda to load.  
For whites, add 1/3 to 1/2 cup of borax.  
Sodium percarbonate is a natural oxidizing agent. Add 1/4 to load when needed.

I do not suggest adding essential oils. Unfortunately, their smell does not last because of their volatile properties.



## NATURAL STAIN REMOVER for all types of fabric

### INGREDIENTS

- 1 part Faveur organic liquid soap, unscented
- 1 part water
- 1 part rhassoul clay

Rhassoul (or ghassoul) clay can be found in middle-eastern food stores, health food stores and online. "Rhassoul" comes from the Arabic word "ghassala", which means to wash. Widely used in hammams, it has amazing washing and purifying properties, and absorbs oils.

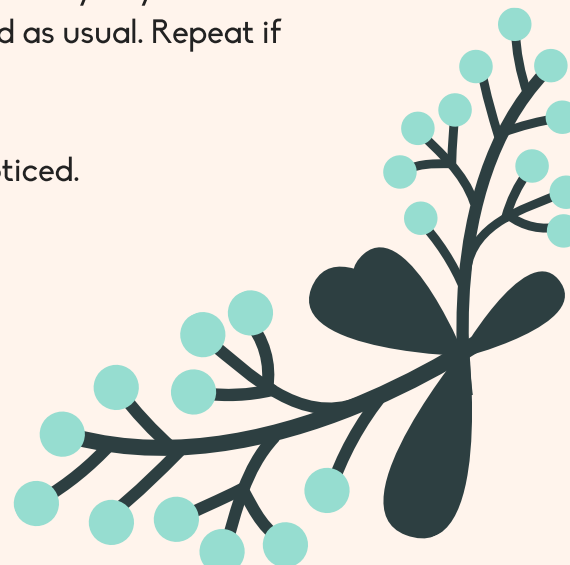
### PREPARATION

Mix the 3 ingredients with a spoon and use immediately (the paste will dry and harden within hours).

### HOW TO USE

With the back of a spoon or a silicone spatula, apply a generous layer on stains and set aside for at least 1 day. It can wait until your next laundry day without damaging the fabric. Wash in washing machine or by hand as usual. Repeat if necessary.

For better results, apply the paste as soon as the stain is noticed.





## HANDWASHING DELICATES WITH FAVEUR ORGANIC LIQUID SOAP

In sink, cover piece of clothing with luke warm water.  
Let soak until the fabric has absorbed water.  
Remove excess water.  
Add 15-30 ml of Faveur organic liquid soap.  
Press piece of clothing gently to help distribute soap and water.  
If need, add more soap on stains and rub gently.  
Let soak as needed.  
Rinse twice.  
Roll piece of clothing in a towel to remove as much water as possible.  
Lay flat and let dry.

### FAVEUR ORGANIC HOUSEHOLD BAR SOAP

You can use our household bar soaps to wash delicates. Follow same procedure, but start foam between your hands under running water before applying to fabric.





## MAGIC SCRUBBING PASTE

### INGREDIENTS

1 cup FAVEUR organic grated household soap  
1 cup water  
2 to 3 cups baking soda (sodium bicarbonate)

### PREPARATION

Put soap and water in a medium pot. Heat slowly, stirring constantly, until soap is completely dissolved. Remove from heat and leave to cool until just warm. Add baking soda gradually, stirring between each addition, until smooth and thickened like firm pudding. Transfer to container and let cool completely before closing the lid.

### HOW TO USE

The magic scrubbing paste can be used everywhere! Try it in your kitchen and bathroom, for scrubbing pots and pans... if the surface can stand baking soda, you can clean it with the magic scrubbing paste! A splash of white vinegar can be used to rinse the soap residue.

### ADDITIVES

For extra scrubbing power on stainless steel, you can add 1/2 cup of white clay to the recipe. Simply rinse with white vinegar.

Lemon (or other citrus) essential oil can be added to the paste when cooled for extra degreasing power.



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Questions or comments?  
We would love hearing from you!  
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